

Safety, Safety & More Safety

Safety Training Schedule 2010

January:	Fire Extinguisher Safety
February:	Hand & Power Tool Safety
March:	Electrical Safety Awareness
April:	Back Stress Prevention/Safe Lifting
May:	Substance Abuse/Safe Driving
June:	Confined Space Entry
July:	Hazard Communication PPE/MSDS
August:	Lockout/Tagout Try
Sept:	Fall Protection/Ladder/Scaffold Safety
October:	Violence in the Workplace Emergency
November:	Hearing Conservation
December:	Blood Bourne Pathogens

Workplace Safety Tips

Accidents occur unannounced. Whether you are at home or in the workplace. It is important to be prepared for such mishaps. The following are some workplace safety tips that should be followed to ensure your well being in the workplace.

Workplace safety facts reveal that whether from accidents due to fire and electricity, to those caused by violent behavior of colleagues, threats to a persons safety exist in all workplaces. We are all aware of safety threats that may arise due to malfunctioning of machinery an appliances. However, what raises greater concern are threats that come from colleagues. This threat comes in the form of physical harm, bully, sexual exploitation or coercion.

The following are some safety tips that could make your workplace a safer one.

General Workplace Tips:



The workplace should be kept clean of any clutter. This not only prevents accidents but also increases productivity.

Keep an eye out of any machinery that clip art Office has undergone wear and tear. Such machinery should be repaired and replaced immediately. Damage to machinery due to use

should never be overlooked.

Make sure that you have emergency numbers, that you know where exits are and know what to do in an emergency. Know where safety equipment is stored and where the first aid kit is.

Electrical Safety Tips:

clip art Office

If safety practices are not adhered to, electrical machinery can cause serious accident. Consider the following tips:

- Operate machinery per manufacturer's guidelines
- Never use worn or damaged electrical cords.
- Make sure that you only use three wire type with three prong plurgs
- Any damaged electrical wall outlets should be reported and repaired.

Safety Resource Links

State Compensation Insurance Fund:
www.scif.com

OSHA: www.osha.gov

Home Safety Council: www.homesafetycouncil.net

BSI Temporary Services

5071 Business Center Drive, Suite 2

Fairfield, CA 94534

(877) 246-2202

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www.bsitemporaryservices.com

Workplace Safety Tips (continued from page 1)

Fire Safety:

Accidents due to fire can occur in any location. Even offices with apparently safe environments and certainly in production environments, especially those that use fire in their processes.

- Make sure fire alarms work.
- Know where fire extinguishers are located and how to operate them.



Police officers, security guards, teachers

and paramedics are more prone to harm at their workplace, workplace violence is a concern for all of us.

Safety measures should be ensured for every profession. Consider the fol-

lowing workplace violence safety tips:

- Your company should have a zero tolerance policy toward violence in the workplace.
- Be aware and report any violent behavior displayed by your co-workers.
- Be aware of your surroundings.
- Do not inhabit secluded areas alone.
- Be careful when approaching your car in the parking lot. Always look around, carry a cell phone.
- Let your colleagues know your whereabouts in the workplace.

Violence Safety:

Although certain professionals like po-

Anatomy of an Injury:

Poor choices made at work can lead to a serious incident causing injury or even death. Consider your options the next time you go to work:

- Are you wearing your PPE (Personal Protective Equipment)?
- Are you following safety procedures?
- Do you have a bad attitude about safety practices?

The Casper, Wyoming Star-Tribune ran a sad story about a family who lost their mother in an automobile crash and their uninsured home and possessions to a fire. Two sons had narrowly escaped death in a rollover auto accident. They family is suffering from a series of bad decisions. Choices were made about driving and not insuring valuable assets that have left loved ones to determine

how they will survive.

Consider the last incident in your organization. What led up to it? There is little doubt that some poor choices or bad decisions were at the forefront. Hopefully, it wasn't a serious incident and people learned from it to make good choices and wise decisions about working safe. However, far too often, we work with organizations that have experienced serious or fatal accidents that have left co-workers, leaders and family members wondering why their friend or loved one failed to follow the safe work procedures, didn't wear their personal protective equipment, or properly perform the work. It's a tragedy and it's tough to deal with.

Studies have shown that serious injuries don't occur with one bad move. It may have begun gears before with a

poor attitude about safety practices, lack of training, or lax safety procedures. These lead to poor task planning, lack of attention to safety procedures, or failure to wear PPE. The result is the same: a serious or fatally injured worker with a family and friends left to deal with the aftermath.

Starting today, take time to think about what would happen to your family and friends if you make wrong choices about how to approach your work. Ask yourself:

- What would my spouse do if I couldn't continue to work?
- Who would raise my children, if I wasn't here?
- How can I work as safely as possible so I can continue to contribute?

Take time for yourself and do whatever it takes to make sure nobody gets hurt on your job!